



CONGREGATION AHAVATH ACHIM MINI NEWSLETTER

October 7-15 2016 Tishri 6-13

Parshah Vayelech

For Times and Schedule of Services- See High Holiday Schedule

Candle Lighting for Yom Kippur, Tuesday, October 11th

For your candle-lighting convenience, candles will be set up in the Shul dairy kitchen, on Tuesday evening, October 11th.

Shabbat Shuvah Drasha

Rabbi Moldovan's Shabbat Shuvah Drasha will be after the Torah reading, at approximately 10:15 AM, with Musaf services following. Mincha will be at 5:55 PM, followed by Seudah Shelishi, Ma'ariv and Havdalah.

Selichot Continues Daily

As we continue to recite Selichot, daily Shacharit services continue on the early schedule - 15 minutes earlier than usual. The early schedule will continue until Tuesday morning, October 11. **We urge you to make every effort to be at Shacharit services on time, and as often as you can, so that we continue to have a complete, daily morning minyan and so that those who have yahrtzeit are able to recite kaddish.**

Tzedaka for Yomim Noraim and Sukkot

Rabbi Moldovan is seeking contributions to distribute for needy families for Sukkot. Please contact him (203-906-6296) if you wish to contribute. Please do try to participate in this Mitzvah.

Lulav and Etrog Orders- Please call the office and put in your order ASAP so that we can reserve our stock.

Rabbi Moldovan's Message on Teshuva

Last week we spoke about the three steps required in the process of Teshuvah - confession, regret, and acceptance not to repeat the aveirah. This process of Teshuvah is for sins committed between man and Hashem, e.g., forbidden foods, not keeping Shabbat, or laxity in prayer.

Regarding sins between man and another Jew, e.g., insulting another Jew, striking them or getting angry at someone, this process is ineffective. How can we ask Hashem for forgiveness for a wrong committed to our neighbor? The process for Teshuvah for this class of aveiros is simple - one must ask forgiveness from the one he has wronged. There is no other path to repentance from interpersonal sins. It is very important that we ensure to ask those that we have wronged for forgiveness before Yom Kippur so that we can go into Yom Kippur clean of these types of errors.

When one contemplates whom he needs to ask forgiveness from, invariably the people closest to us are the ones that we hurt the most. Our family and close friends are generally at the brunt of our interpersonal missteps. As unusual as it feels, we must make sure to ask our family members for forgiveness for anything we may have done to hurt them in the past - our parents, siblings, children (not young children), aunts, uncles, close cousins, and close friends. With this we should be sealed for a good year of a fulfilled life.

Congregation AhavathAchim on Social Media: Don't forget to check the AhavathAchim website for current updates. You can also read and post to the shul's Facebook page or Twitter

High Holiday Seats and Honors Are Available for Yom Kippur

Did you purchase an Honor last year? Would you like to purchase the same Honor again this year? Please speak directly to either Stu Serkin or Dr. Peter Tuckel, as soon as possible, to arrange for Yom Kippur Honors. This is a truly meaningful act with which to honor your friends and family and to support our shul.

We look forward to sharing Yom Tov with everyone and wish one and all a G'mar Chatimah Tovah.

Rosh Chodesh Women's Learning Program Date Change

The ladies class for this week has been postponed until after the Chagim. It will not take place this Sunday October 9th. A new date and location will be posted soon.

Men's Sunday Breakfast 'n Learn

The next Men's Breakfast 'n Learn Program will take place this Sunday, October 9th, following Shacharis, which is at 8:30 am on Sunday morning (Shacharis should finish about 15 minutes later than usual due to Selichos). The last two events were huge successes and all men in the community are encouraged to attend. The topic of discussion will be "Kaparot - Waving A Chicken Over My Head For Atonement Looks Like Witchcraft!"

Refuah Shelemah to: *Kenneth Epstein, Rabbi Moshe Epstein, David Gordon, Yitzy Hain, Deborah Lozanov, Daniel Mizrahi, Fred Schwartz, Diane Shinbaum and Avi Schwarzmer (Avraham ben Toibe Gittle).* May G-d grant each a speedy and complete recovery.

Yahrtzeits begin at Ma'ariv the evening before. Please make an extra effort to ensure a minyan for those saying Kaddish. ***Be there for others, and they'll be there for you.***

If you would like an Aliyah on the Shabbat before the Yahrtzeit, please be sure you are in Shul before the Torah Reading. If you arrive late, we cannot guarantee you an honor.

MAY WE ALL BE INSCRIBED AND SEALED FOR A HAPPY AND HEALTHY NEW YEAR

G'MAR CHATIMAH TOVAH

Please remember that Golden Book greeting cards are a great way to honor someone or remember a loved one.